

**West Hoe Sailing Club & Plym Yacht Club  
Sailing Instructions for 2019 – Force 4 Saturday One  
Design Series**

The Force 4 Saturday One Design Series is open to Squibs, J24s and Seascope 18s and will be held on five Saturday mornings between 18th May and 7th September 2019. Starting at 1130 the racing, from a Committee Boat start line, will consist of up to six short upwind/downwind races with quick turn arounds. Depending upon the wind strength racing is targeted to finish at 1430.

Boats may enter by completing the online entry form on the WHSC website [www.whsc.org.uk](http://www.whsc.org.uk) .

Payment must be made by BACS in accordance with the instructions on the Entry Form.

The following Changes do not make any changes to the Sailing Instructions contained in the PYC Sailing Booklet. The Changes provide boats with additional information mainly for the Marks to be used in the case of a PYC Start Line. Changes are in **bold** within the text.

Change Table		
<b>Change 1</b>	Paragraph 5.5	Racing Marks when using the PYC Starting Line.
	Paragraph 6.8	Starting Line at PYC.

**1. Rules**

1.1 Competitors are to read the Notice of Race and General Instructions contained in the PYC & WHSC Sailing Booklet for 2019.

**2.0 Notices to Competitors.**

2.1 Any changes to the sailing instructions will be announced over VHF Radio Channel M (37) prior to the warning signal.

**3.0 Signals Made Ashore.**

3.1 There will be no signals made ashore. All communications, including advice on shipping movements, will be made by VHF Radio Channel M (37).

**4. Schedule**

4.1 The One Design Series will take place on the following dates:

- Saturday 18th May 2019.
- Saturday 6th July 2019.
- Saturday 27th July 2019.
- Saturday 10th August 2019.
- Saturday 7th September 2019.

4.2 Class Flags and Warning Signals

Class	Flag	Warning	Start
J24	J	1125	1130
Seascope	TBC	1130	1135
Squib	Naval Numeral 9	1135	1140

- 4.3 It is intended to have up to 6 short races on each Saturday.
- 4.4 The starting sequence for the next race will commence immediately when all classes have completed each race.
- 4.5 The Target Time for completing racing on each Saturday is 1430, but this may need to be extended dependant on the wind conditions at the time.

## 5. Courses.

- 5.1 The courses will be short windward/leeward courses of approximately 0.6 to 0.7 nml from a Committee Boat start in Plymouth Sound to the north of the Breakwater. The most likely areas for the racing are the areas adjacent to Dunstone or Yacht Haven Buoys, with the course outside the shipping channels.
- 5.2 The approximate bearing of the Windward Mark will be displayed on the side of the Committee Boat.
- 5.3 The Windward Mark will be either one of the PPSA Regatta Racing Marks, a Dan Buoy, a Small Spherical or a Yellow Inflatable Buoy. The Windward Mark will be announced from the Committee Boat.
- 5.4 Each race will be one Upwind and one Downwind lap of the course.
- 5.5 In the event that the Committee Boat is not available or the wind is too strong the races will take place from the PYC Starting Line using the near PPSA Regatta Racing Marks.

**The PPSA Racing Marks to be used from the PYC Starting Line will be: I-Ash, C-Asia, O-NW Winter, P-S Winter, X-NE Winter, V-Mallard, L-S Mallard, B-RAF. A- RPCYC Mooring Buoy, AA- Mallard Tower. BB-Force 4.**

**These marks will allow direct upwind/downwind courses in winds from SW to WNW. For other wind directions a short dog leg will be used to get to an upwind/downwind course. The Winter and Mallard Marks will also allow some 'fun' zig-zag courses to practice close quarters tactical and sail setting racing.**

**The Course will be announced on VHF Radio Ch M (37) approximately 15 minutes before the first Warning and for subsequent races just before the Warning. Boats are to carry out a radio check with Race Control when initially approaching the starting area.**

## 6.0 Start.

- 6.1 Races will be started by using Rule 26 with the warning signal made 5 minutes before the starting signal.
- 6.2 The starting countdown sequence will also be broadcast out over VHF Radio Ch M (37).

- 6.3 The Committee Boat will be a White 32 ft Motor Cruiser. The starting line will be the transit between a Red mast flying an Orange Flag and an Outer Distance Mark.
- 6.4 The Outer Distance Mark will be a Dan Buoy.
- 6.5 A boat starting later than 2 minutes after her starting signal will be scored 'Did Not Start' (DNS) without a hearing and shall not receive a score. This changes Rule A4.2.
- 6.6 There will be no General Recalls only individual recalls. Individual recalls will be announced on VHF Radio Ch M (37). Where possible individual boats will be advised that they were over the line. This changes Rule 29.2.
- 6.7 Boats whose warning signal has not been made shall remain well clear of the starting area.
- 6.8 The starting line at the PYC will be a black and white transit pole in line with the white mainmast. For some races there will not be an Outer Distance Mark, but for SW and SE Starts V - Mallard and L - S Mallard may be used.**
- 7.0 Finish.**
- 7.1 The finish line will be the same as the starting line and boats are to pass straight through the line downwind.
- 7.2 Finishing boats are to remain clear of starting boats should their start have been delayed.
- 8.0 Scoring Penalty.**
- 8.1 Scoring Penalties shall not be used. This changes RRS Rule 44.3.
- 9.0 Penalty Turns, Protests and Requests for Redress.**
- 9.1 A boat may take a One Turn Penalty only when she may have broken one or more of the Racing Rules of Sailing Part 2 in an incident while racing. This changes the RRS Section 4 Rule 44.2.
- 9.2 As this is a Club Sailing Event to maximise upwind/downwind sail racing over a short period of time. There will be no protests in accordance with RRS Section 5.  
If there is an incident where the participants feel strongly then the Race Officer, or another Designated Person, will act as the arbitrator. The Race Officer's/Designated Person's decision will be final and there is no further redress on the dispute.
- 9.3 In any event, for any on the water dispute, Competitors shall comply with the requirements of RRS Rule 61.1 informing the Protestee, if they intend to bring the dispute to the notice of the Race Officer.
- 10. Scoring.**
- 10.1 The Low Point System RRS Appendix A4 will apply except as amended below.
- 10.2 At least two boats in a class must start to constitute a race. Sailovers are not permitted.
- 10.3 All races will count to determine the winner of each class on each Saturday racing.

10.4 The overall Series scores will be calculated from all Saturday races sailed subject to the following discard table:

- 24 or more Saturday races sailed - 20 races to count.
- 18 to 20 Saturday races sailed - 16 races to count.
- Less than 18 Saturday races sailed - All races to count.

**11. Radio Communications.**

11.1 A VHF Radio capable of operating on Channels 16, 14 and M (37). shall be carried by all boats.

11.2 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications that are not available to all boats. This restriction also applies to mobile telephones.

**12. Prizes.**

12.1 Prizes will be awarded to the first three boats in each Class in the Series.

12.2 In addition a prize will be awarded to the winner of each Class on each Saturday of the Series.