

West Hoe Sailing Club & Plym Yacht Club
Sailing Instructions for 2019 – Force 4 Squib Friday Series

The following Changes do not make any changes to the Sailing Instructions contained in the PYC Sailing Booklet. The Changes provide boats with additional information mainly in the use of radios. Changes are in bold within the text.

Change Table		
Change 1	Paragraph 4	Start Time
	Paragraph 5b	Definition of Mark A
	Paragraph 5f	Radio Protocol

1.0 Rules.

- a. Competitors are to read the Notice of Race and contained in the PYC & WHSC Sailing Booklet for 2019.
- b. The following Racing Rules are changed.
 - i. Paragraph 6.2 - Rule 26
 - ii. Paragraph 6.4 - Rule A4.2
 - iii. Paragraph 6.5 - Rule 29.2
 - iv. Paragraph 7.1 - Rule 33
 - v. Paragraph 9.1 - Rule 44.3
 - vi. Paragraph 10.1 - Rules 35, A4.2 and A5
 - vii. Paragraph 11.1 - RRS Section 4 Rule 44.2.

2.0 Notices to Competitors.

Any changes to the sailing instructions will be announced over VHF Radio Channel M (37) prior to the warning signal.

3.0 Signals Made Ashore.

There will be no signals made ashore. All communications, including advice on shipping movements, will be made by VHF Radio Channel M (37).

4.0 Schedule.

Spring Mini Series - Friday 5 April 2019 to Friday 24 May 2019.17.1

Early Summer Series - Friday 31 May 2019 to Friday 19th July 2019.

There is no Race on Friday 12 July - Plymouth Regatta

Late Summer Series - Friday 26 July to Friday 13 September 2019.

The last three races will start 30 minutes earlier.

The Program of racing on page 3 gives full details of start times and time limits.

The Start Time for the Squibs is 18:20.

5.0 Racing Area, Marks and Courses.

- a. The Racing Area is Plymouth Sound north of the Breakwater.
- b. The Buoys to be used as rounding Marks in Plymouth Sound are lettered in accordance with the PPSA Regatta Racing Marks as shown at the rear of this document. An additional Mark to be used is Mark AA the White Pylon north of West Mallard (Mallard Tower.) **Mark A may be a laid mark or another mark or buoy not designated by the PPSA, such as the RPCYC Mooring Buoy or F4.**
- c. The courses to be sailed will be announced VHF Radio Channel M (37) prior to the warning signal.
- d. Course Letter and Number Combinations.

In addition to the normal Mark rounding sequence Letter indication, a further indication using Letters and Numbers may be used. This allows accurate windward/leeward loop courses to be sailed irrespective of the wind direction.

Two letters will be used, followed by a number and followed by a letter. This means that the two indicated Marks shall be rounded, as a loop, by the number of times indicated by the number. After completing the number of loops the further Mark indicated is rounded to complete one lap of the course.

For example in a southerly wind: Letters & Numbers OE2V means Start, round Mark O, then round Mark E, then round Mark O, then round Mark E (Marks O and E have been rounded twice) then round Mark V. This will give a reach, beat, run, beat and broad reach. If the number was 3 then Marks O and E would be rounded 3 times giving 3 beats and 2 runs.

- e. For all classes there is no limit to the number of rounds to be completed. All boats are to continue to race until either the race is shortened or the time limit expires.
- f. **Radio Protocol.**
Boats are to carry out a radio check with Race Control on VHF Radio Channel M (37) when initially approaching the starting area.
The Course will be announced over the radio at approximately 1800. Boats will be individually asked to confirm to Race Control that they understand the course.

6.0 Start.

- a. Races will be started by using Rule 26 with the warning signal made 5 minutes before the starting signal.
- b. The starting sequence will be carried out over VHF Radio Ch M (37). There will be no Flags or Sound Signals used. This changes Rule 26.
- c. The starting line will be a transit of the PYC Flagstaff and an orange pole. In many cases there will not be an Outer Distance Mark (ODM). If there is to be an ODM, possibly in a southerly wind, it will be announced on VHF Radio Ch M (37).
- d. A boat starting later than 5 minutes after her starting signal will be scored 'Did Not Start' (DNS) without a hearing and shall not receive a score. This changes Rule A4.2.
- e. There will be no General Recalls only individual recalls. Individual recalls will announced on VHF Radio Ch M (37). Where possible individual boats will be advised that they were over the line. This changes Rule 29.2.

7.0 Change of Course.

- a. Courses may be changed at the completion of each round. The new course, or shorten course, will be announced over VHF Radio (Ch M 37). Boats are to listen out on VHF Radio as they approach the completion of each round. This changes Rule 33.

8.0 Finish.

- a. The finish line will be between the PYC Flagstaff and (i) the last mark of the course or (ii) the RPCYC Flagstaff.
- b. The finish of a boat will be announced over VHF Radio Ch M (37). There will be no Sound Signals.

9.0 Scoring Penalty.

- a. Scoring Penalties shall not be used. This changes RRS Rule 44.3.

10.0 Time Limits and Target Times.

- a. The Time Limit shall be 2030 or 30 minutes after the first boat. Boats failing to finish within 30 minutes after the first boat completing the course will be scored Did Not Finish (DNF) without a hearing. This changes Rules 35, A4.2 and A5.
- b. The Target Times for each race shall be between 60 and 75 minutes. This may be increased during the mid-summer period.

11.0 Penalty Turns, Protests and Requests for Redress.

- a. A boat may take a One Turn Penalty only when she may have broken one or more of the Racing Rules of Sailing Part 2 in an incident while racing. This changes the RRS Section 4 Rule 44.2.
- b. Competitors may make protests in accordance with RRS Section 5.
- c. The Clubs also offer the rules disputes processes of Advisory and Arbitration as recommended by the RYA. (The details of these may be found on the RYA Website)
- d. Whenever possible, the Clubs wish to settle on the water disputes by the RYA Advisory process immediately on completion of racing. The Exoneration Penalty, the Advisory Hearing and RYA Arbitration procedures will be available.
- e. In any event, for any on the water dispute, Competitors shall comply with the requirements of RRS Rule 61.1 informing the Protestee, even if they intend to use either the Advisory or Arbitration processes.
- f. Protest forms are available at the PYC. The Time Limit for all protests and requests for redress shall be 90 minutes after the last boat has finished the last race of the day or the Race Committee signals no more racing today, whichever is later. The protests or requests for redress shall be delivered to the Race Officer at the Clubhouse within the time limit.

12. Scoring and Prizes.

- a. The Low Point System, RRS Appendix A4, will be used to score all classes.
 - At least two boats in a class must start a race for the race to be valid. Sail overs are not permitted.
 - Four races are required to be completed to constitute a Mini Series.
 - For each Mini Series one discard is allowed only after five races have been completed.
 - Overall Series scores shall be calculated from all races based on the following discard table. This changes RRS Appendix A4.

Races Completed	10 or Fewer	11 - 13	14 - 15	16	17 - 18	19 - 20	21+
Races to Count	All	10	11	12	13	14	15

13. Safety.

- a. All boats are to comply with Squib Class rules and carry at least one paddle and buoyancy aids for all crew.
- b. All boats are to carry a VHF Radio capable of operating on Channels 16, 14 and 37.
- c. Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications that are not available to all boats. This restriction also applies to mobile telephones.
- d. With mean forecast and actual wind strengths of Beaufort Force 5 (17 to 21 kts with gusts rising to the mid 20s knots) the Race Officer will communicate and consult with the boats with regard to the suitability of racing and possible courses.

14. Prizes

- a. A prize will be awarded for the first boat in each Mini Series. In the event that a boat comes first in more than one Mini Series the prize for the second and subsequent Mini Series will be awarded to the highest finishing boat that has not yet won a Mini Series.
- b. Prizes and trophies will be awarded to the first three boats in the Overall Series. In addition, perpetual trophies will also be awarded by the Club.